

THE YEAR OF HEALTHY



Cross-disciplinary Conference on Family and Healthy U

University of Pittsburgh

March 28, 2018

The University Club
Ballrooms A & B



Deborah Gilboa, MD
aka "Dr. G."



Sonja L. Lanehart, Ph.D.

Organizing Committee: Abdesalam Souidi, PhD (Conference Chair); Jeannette South-Paul, MD (Conference Co-Chair); Shelome Gooden, PhD; Valerie Kinloch, PhD; Audrey Murrell, PhD; Christy Malone, MBA; Judy Chang, MD, MPH; Scott Kiesling, PhD

Hosted by: Departments of Linguistics; Family Medicine; Obstetrics, Gynecology, & Reproductive Sciences; School of Education; David Berg Center for Ethics and Leadership

E-mail: hinh@pitt.edu | <http://linguistics.pitt.edu/cross-disciplinary-conference-family-and-healthy-u>

Conference Overview and Goals

Welcome,

We are pleased to welcome you to our cross-disciplinary conference in celebration the Year of Healthy U at the University of Pittsburgh. This conference builds on past initiatives, including previous conferences that focused on the humanities as well as on cultural and linguistic diversity that we hosted in 2016 and 2017, respectively.

This year, we are focusing on the central role of the family as a fundamental building block of society. Family narratives and dynamics, gender identities, kinship and social organization, race, literacy, household income, and sociolinguistic backgrounds all represent important aspects of the early input children receive. The influence of families in the lives of children plays a primary role in how children come to construct their understandings of identities, their roles in society, and the core expectations and values that guide their lives and interactions with others. Thus, families have a significant impact on children, from childhood into adulthood.

The “Year of Healthy U” and this conference both represent a unique opportunity to convene experts to discuss the diverse roles families play in health and well-being, and to discuss how to make our communities safe and healthy for all.

To begin, we open this conference with remarks from Dr. Laurie J. Kirsch, the University of Pittsburgh’s Vice-Provost for Faculty Affairs, Development, & Diversity, and Mr. John Lovelace, the President of UPMC for You, Incorporated and the President of Government Programs & Individual Advantage. Following their comments, the first of our two keynote speakers, Dr. Debi Gilboa, founder of “AskDr.G.com” will speak, with a short response by Dr. Daniel Shaw. This will be followed by morning sessions consisting of 4 panels in ballrooms A and B. We will reconvene in ballroom B for lunch and to hear our second keynote speaker, Dr. Sonja Lanehart, the Brackenridge Endowed Chair in Literature and the Humanities at the University of Texas San Antonio. The response to Dr. Lanehart’s talk will be provided by Dr. Scott Kiesling. Then, 4 additional panels will round out the afternoon sessions, and the conference will conclude with us gathering back in Ballroom A for closing remarks. Refreshments and coffee breaks will be provided throughout the day.

While the presentations for the various panel discussions address many different aspects of family, we have purposefully grouped presentations by complementary topics. They range from discussions of intimate partner violence and substance use to innovative projects in the ICU. Some examine family dynamics in healthy families – fathers of head start children, mothers communicating with their children about risky behaviors, and financial stress. Another set examines families coping with illnesses: parental cancer diagnosis and the effect on children, the impact of autism on families of color, mothers of children with autism, and the necessity of having follow-up treatment and hearing screenings for newborns. Others focus on caregivers of the sick– their health literacies, experiences, and unmet needs. Several take a narrative

perspective to explore important topics such as COPD and adoption. Yet others take a step back and present on health from a community perspective, including urbanization in Ghana, culturally diverse campuses, health and human rights, indigenous languages and communications in Bolivia, and the impact of biodiversity on health. Lastly, there are others that focus on wellness - for example, the role of meditation in family relationships, spirituality and Egyptian Muslims, and teaching empathy.

We would like to take a moment to thank everyone who made this conference possible. Many people contributed a lot of time and effort into planning it from its conception to today’s final product: Our sponsors, including the Provost Office and the Year of Healthy U Award Committee, the UPMC Health Plan, Cerner Corporation, and the University Honors College, have allowed us to organize this conference and offer it at no cost to you. Also, we would like to acknowledge our hosting departments from the University of Pittsburgh for their hard work and sponsorship: Linguistics; Family Medicine; Obstetrics, Gynecology, & Reproductive Services, The School of Education, and The David Berg Center for Ethics and Leadership.

Additionally, we thank the Year of Healthy U committee, keynote speakers, authors, respondents, and Pitt staff, faculty, and students who have helped us promote this conference. The following people helped bring all the pieces together: Ken Hale (Hizwerks Productions, art and design), LaShanda T Lemmon (Conference Web Support), Allison Thompson (Conference Administrator, and Linguistics Business Manager), Kimberlee Ann White (work study student), and Adrienne Holmes (University Club Conference Manager). They all worked indefatigably on behalf of the planning committee and the conference. We also appreciate the support to promote this event that we received from the Office of University Communications. Particularly, we thank Chuck Staresinic, Brandon Copp-Milward, and Pat McMahon.

And to all of you, we would like to say thank you for your interest in this topic and for sharing your time with us today. We look forward to your feedback and we appreciate you for being here to discuss and share your perspective on this very important topic of family and health.

Abdesalam Soudi, PhD,
Valerie Kinloch, PhD,
and the Conference Organizing Committee

*** Some segments from today’s event will be videotaped and photographed. If you do not wish to be videotaped or photographed, please speak with someone from the Conference Organizing Committee.

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U N I V E R S I T Y
H O N O R S C O L L E G E

Cross-disciplinary Conference on Family and Healthy U

SCHEDULE (8:00 AM to 5:00 PM)

Ball Room A

8:00 - 8:50	Registration Open Networking Breakfast
8:50- 9:00	Conference Overview and Goals Abdesalam Soudi, PhD Valerie Kinloch, PhD
9:00 - 9:10	Opening Remarks Laurie J. Kirsch, PhD Vice Provost for Faculty Affairs, Development, & Diversity, Professor of Business Administration, Vice Provost Introduction: Audrey Murrell, PhD
9:10- 9:15	UPMC Remarks (Executive Sponsor) UPMC Health Plan John Lovelace President, UPMC for You President, Government Programs & Individual Advantage Chief Program Officer, Community Care Behavioral Health Organization
9:15-10:00	Session I Keynote Speaker Debi Gilboa, MD <i>Founder of AskDoctorG.com</i> Speaker Introduction: Jeannette South-Paul, MD
10:00 -10:20	Respondent Daniel S. Shaw, PhD
10:20-10:30	Morning Snack (Ballroom B)

	<i>Ballroom A</i>	<i>Ballroom B</i>
	Panel Moderator: <i>Jeannette South-Paul, MD</i>	Panel Moderator: <i>Jennifer Petrie, Ed.D.</i>
10:30-10:45	<p>Family Caregivers Health Literacy is Associated with Healthcare communication and navigation of services and support</p> <p>Authors: Beth Fields, PhD, OTR/L Juleen Rodakowski, OTD, MS, OTR/L¹, Scott Beach, PhD^{3,4}</p> <p>¹ Department of Occupational Therapy, University of Pittsburgh ² Clinical and Translational Science Institute, University of Pittsburgh ³ Department of Psychology, University of Pittsburgh ⁴ University for Social & Urban Research, University of Pittsburgh</p> <p>Corresponding Author: Beth Fields, PhD, OTR/L Department of Occupational Therapy</p>	<p>Loss of Follow-up after Newborn Hearing Screening: Factors Influencing Parental and Primary Care Provider Awareness</p> <p>Authors: Jose M. Juarez¹ Amber D. Shaffer Ph.D.^{b2} David H. Chi M.D.b,*²</p> <p>¹University of Pittsburgh, School of Medicine ²Children’s Hospital of Pittsburgh of UPMC</p>
10:45-11:00	<p>Family members Experiences’ supporting adults with Chronic Illness: A National Survey</p> <p>Authors: Aaron Lee, PhD ¹ John D. Piette, PhD ^{1,2,4} Michele Heisler, MD, MPA ^{1,2,3,4} Mary Janevic, MPH, PhD ² Kenneth M. Langa MD, PhD ^{1,3,4,5} Ann-Marie Rosland, MD, MS ^{6,7}</p>	<p>Fatherhood: Perspectives of Early Head Start Fathers</p> <p>Authors: Tammy Thomas, PhD, MSW, MPH¹ Thistle Elias, DrPH, MPA² John Kim, EdD³ Martha Terry, PhD⁴ Chris Dunkerley, MS³</p>

	<i>Ballroom A</i>	<i>Ballroom B</i>
	<p>¹VA Center for Clinical Management Research, Ann Arbor, MI ²Department of Health Behavior and Health Education, School of Public Health, University of Michigan ³Department of Internal Medicine, University of Michigan ⁴Institute for Healthcare Policy and Innovation, University of Michigan ⁵Institute for Social Research, University of Michigan ⁶VA Center for Health Equity and Promotion, Pittsburgh, PA ⁷Department of Internal Medicine, University of Pittsburgh Medical School</p>	<p>¹Independent Consultancy ²Evaluation Institute for Public Health, Graduate School of Public Health, University of Pittsburgh ³Office of Child Development, University of Pittsburgh ⁴Graduate School of Public Health, University of Pittsburgh</p>
11:00-11:15	<p>Effects of Pubertal Development and Biological Sex on HPA-Axis Dsyregulation, Depression, and Suicidal Ideation in Offspring Following Parental Cancer</p> <p>Authors: Benjamin Hayes Medical Student Mentor: Nadine Melhem, PhD</p>	<p>Financial Stress and Marital Quality: The Moderating Influence of Communication</p> <p>Authors: Heather H. Kelley Ashley B. LeBaron E. Jeff Hill</p>
11:15-11:30	QUESTION AND ANSWER	
	Panel Moderator: <i>Judy Chang, MD</i>	Panel Moderator: <i>Shelome Gooden, PhD</i>
11:30-11:45	<p>Families of Color and Autism: Lessons for Improving Service Delivery</p> <p>Authors: Dr. Rachel E. Robertson, Dr. Temple Lovelace</p> <p>Corresponding author: Rachel Robertson Department of Instruction & Learning</p>	<p>People, Place and Healthy Homes: Biocultural Diversity and its Relevance to Healthy Families</p> <p>Author: Karen Park, PhD</p>

	<i>Ballroom A</i>	<i>Ballroom B</i>
11:45-12:00	How Naikan Meditation Promotes Healthy Family Relationships Author: Clark Chilson, PhD	Health, Human Rights, and Cities in the 21st Century: Pitt’s Human Rights Initiative Authors: Cory Holding, PhD Daniel Kubis, PhD Noble Maseru, PhD Jackie Smith, PhD Corresponding author: Jackie Smith, PhD Professor, Department of Sociology
12:00-12:15	The Profile and Unmet Needs of Cancer Patients’ Family Caregivers in Brazil Authors: Lycia Tramuja Vasconcellos Neumann, MPA Ph.D. student, Department of Behavioral and Community Health Sciences	Indigenous Language, Intercultural Health, and Medical Pluralism Cochabamba Bolivia-Kinship and Community Level Implications Author: Alana Deloge
12:15-12:30	QUESTION AND ANSWER	
	<i>Ballroom B</i>	
12:30-1:30	Lunch	
	Welcome by Judy Chang, MD <i>on behalf of Dr. Bob Edwards, Chair of OBGYN & Reproductive Sciences</i>	
1:30-2:15	Session II Keynote Speaker (Ballroom B) Sonja Lanehart, PhD <i>Brackenridge Endowed Chair in Literature and the Humanities, UTSA</i> Speaker Introduction: Shelome Gooden, PhD	
2:15-2:35	Respondent Scott Kiesling, PhD	
2:35-2:45	Afternoon Snack (Ballroom A)	

	<i>Ballroom A</i>	<i>Ballroom B</i>
	Panel Moderator: <i>Jeannette-South-Paul, MD</i>	Panel Moderator: <i>Christy Malone, MBA</i>
2:45-3:00	The Flipped ICU – A Patient-and-Family Centered Practice Innovation for Intensive Care Units Author: Leslie P. Scheunemann, MD MPH	Pregnant Women with Opioid Use Disorder: Experiences of Intimate Partner Violence and Barriers to Help-Seeking Authors: Chelsea Pallatino, PhD, MPH ^{1,2} Hollis Laird, MPH ^{1,2} Mary Turocy, BS ³ Leah Klocke, BS ^{1,2} Walitta Abdullah, MS, CADC ^{1,2} Elizabeth Krans, MD, MSC ^{1,2,1} ¹ Magee-Womens Research Institute ² Department of Obstetrics, Gynecology, and Reproductive Sciences, University of Pittsburgh, Magee-Womens Hospital, Pittsburgh, PA ³ University of California, San Francisco, School of Medicine
3:00-3:15	“I’m an Autism Mom – What’s Your Superpower?”: The Impact of Hegemonic Mothering Ideology on the Social Construction of Autism and the Contestation of an Emerging Maternal Identity” Author: Stephanie Eckstrom	Male Perpetrators of Intimate Partner Violence who have Completed a Batterer Intervention Program and the tools and skills they gained to manage anger and deescalate violence Authors: Alyssa J. Stewart Penelope K. Morrison, PhD
3:15-3:30	Spiritual Practice as a Dimension of Health Amongst Muslim Egyptian Families in Pittsburgh Author: Mariam Shalaby, University of Pittsburgh	Characterization of Maternal Perspectives Toward Parent-Child Communication on Healthy Relationships, Sex, and Dating Violence Authors: Kortni A. Watkins Judy C. Chang, MD
3:30-3:45	QUESTION AND ANSWER	

	<i>Ballroom A</i>	<i>Ballroom B</i>
	Panel Moderator: <i>Claude Mauk, PhD</i>	Panel Moderator: <i>Judy Chang, MD</i>
3:45-4:00	The Impact of Urbanization on Family Culture and Health: The Case of Ghana Author: Jennifer Petrie, Post-doctoral Fellow, College of Business and Administration	Breaking Silence, Stitching the Wound: Family Narratives and the Adoptee Experience Author: Lori Jakiela Professor of English and Creative Writing, Pitt-Greensburg University
4:00-4:15	Creating Culturally Competent Campus Communities Authors: Cultural Competence Working Group: Lisa Bromberg Boryana Dobрева Zsuzsa Horvath Sara Jones Maja Konitzer Dan Kubis Jen Murtazashvili Marie Norman Lisa Parker Joanna Prasad Abdesalam Soudi Belkys Torres Sarah Wagner	Discourse, Narratives and Interactional Dynamics in COPD Authors: Mary Fox of Fox Linguistics Pamela Batzel of Treato Mary Fox
4:15-4:30	Teaching Empathy Author: Ritu Thamman, MD FACC FASE	Male Perpetrators' of Intimate Partner Violence Accounts of the Impact of Batterer Intervention Programs on their Interpersonal Relationships with family, friends, and others Author: Penelope Morrison, PhD
4:30-4:45	QUESTION AND ANSWER	
4:45-5:00	Closing Remarks (Ballroom A), Conference Committee	

Conference Organizing Committee

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 Allison Thompson, Conference Administrator
 LaShanda Lemmon-Mangham, Conference Website Support

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Session I Keynote Speaker:
Deborah Gilboa, M.D.



Internationally respected parenting and youth development expert, Deborah Gilboa, MD, is the founder of AskDoctorG.com. Popularly known as Dr. G, she is an industry leading speaker, author, social influencer, and media personality. She inspires audiences with relatable stories and easy tools to develop crucial life skills in children, teens and young adults ages 2-22.

Her beloved, user-friendly parenting activity books, *Teach Resilience: Raising Kids Who Can Launch!*, *Teach Responsibility: Empower Kids with a Great Work Ethic*, and *Teach Respect: That's My Kid!* are designed for today's busy parents. Dr. G is also the author of the critically acclaimed book, *How to Get the Behavior You Want... Without Being the Parent You Hate!* Dr. G's Guide to Effective Parenting (Demos Publishing, LLC), which breaks down 60 key challenges faced by parents of kids primarily in their pre-teen years.

As a television personality, Dr. G gives straightforward advice (with a dose of humor) that helps wade through the stress, doubt, and guilt that ALL parents feel at one time or another. She has appeared on NBC's TODAY, Good Morning America, Fox News, The Rachael Ray Show and contributes to Today.com, Huffington Post Parents, Your Teen magazine, Parents magazine and MSNBC.com.

Dr. G is a graduate of University of Pittsburgh's School of Medicine, Carnegie Mellon University, and is an alumnus of Chicago's Second City Improv Theater. She is a board certified family physician at Pittsburgh's Squirrel Hill Health Center, caring for diverse patients from 100+ countries, speaking 61 different languages. Her fluency in American Sign Language and her work with the deaf community has received national recognition and was the focus of her service as an Albert Schweitzer Fellow.

She has received many awards for clinical excellence in teaching and is a Clinical Associate Professor for the University of Pittsburgh School Of Medicine. She and her husband are raising four boys who are growing into respectful, responsible and resilient young men and have been honored for their unique community service projects

Session II Keynote Speaker:
Sonja L. Lanehart, Ph.D.

Brackenridge Endowed Chair in Literature and the Humanities



Sonja L. Lanehart, Professor and Brackenridge Endowed Chair in Literature and the Humanities, received her B.A. from the University of Texas at Austin and her M.A. and Ph.D. from the University of Michigan, Ann Arbor.

She is a former Ford Foundation Post-doctoral Fellow, Ford Foundation Pre-doctoral Fellow awardee, Andrew W. Mellon Fellow, Lilly Teaching Fellow, and a member of Phi Beta Kappa National Honor Society and Phi Kappa Phi National Honor Society. She has won grants from the National Science Foundation and other agencies. She has taught at the University of Georgia (1995-2006) and the University of Texas at San Antonio (2006 – present).

She serves on several national and international professional organization committees, including the Linguistic Society of America, the American Educational Research Association, and the American Dialect Society. She is a past co-editor (with Paul Schutz) of *Educational Researcher: Research*

News and Comment section, the lead journal of the American Educational Research Association, which is delivered to more than 23,000 members.

In addition to numerous articles and book chapters, her book publications include *Sista, Speak! Black Women Kinfolk Talk about Language and Literacy* (U Texas Press, 2002), which received Honorable Mention in the 2003 Myers Outstanding Book Award competition sponsored by the Gustavus Myers Center for the Study of Bigotry and Human Rights in North America; *Sociocultural and Historical Contexts of African American English* (John Benjamins, 2001), *African American Women's Language: Discourse, Education, and Identity* (Cambridge Scholars Publishing, 2009), and the groundbreaking *Oxford Handbook of African American Language* (Oxford University Press, 2015).

Notes

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University of Pittsburgh | Department of Linguistics
2816 Cathedral of Learning | Pittsburgh, PA 15260

Phone: 412-624-5938 | Fax: 412-624-5520
E-mail: hinh@pitt.edu